

STOOL FOR GIARDIA

These directions will help you to collect a stool specimen to help the laboratory to perform a test your doctor has ordered.

1. The collection kit contains one vial with a pink lid, and clear liquid. **DO NOT DRINK THE LIQUID.** Keep out of children's reach.
2. Place a stool specimen into a **clean dry** container. A clean margarine tub, wide mouth jar or a clean milk carton with the top cut off can be used. You may also raise the toilet seat, stretch plastic wrap across the bowl, just above the toilet water, place the toilet seat down and pass stool on to plastic wrap for collection, then transfer the specimen to a clean dry container and tightly close the container lid.
3. Open the vial with the pink lid. Using the collection spoon built into the lid of the vial, place small spoonfuls of stool from areas, which appear bloody, slimy, or watery into the vial until the contents rise to the red line. If the stool is formed (hard), try to take spoonfuls from each end and the middle.
4. Label the container with your name and the date and time of collection.
5. Bring the specimen to the laboratory as soon as possible.

