

*If your doctor orders a gestational glucose screen, it is necessary for you to drink a sweet liquid, and have your blood drawn. These are the steps involved in a gestational glucose screen.*

1. You will be given a sweet drink. You must drink the beverage within 5 minutes.
2. When you have finished the drink, you will be told the time of your next blood collection. Please help us by reminding the staff 5 minutes before your next scheduled collection.
3. It is important that you do not eat or drink anything except small sips of water while waiting for your blood collection time.
4. Rest as much as possible while waiting for your blood collection times.
5. Remain in the laboratory until your test is completed.
6. If you do not feel well at any time during this test, please let a laboratory employee know.

